

## With Haven of Hope You Are Not Alone

Through networking, you receive

- Knowledge
- Strength
- Hope
- Courage
- Peace of Mind

Guest speakers and Q&A

Discussions of Your Journey

Informal Networking

Special Occasion Functions

[www.havenofhopeonline.com](http://www.havenofhopeonline.com)



## *Haven of Hope*

*A Retreat  
for People with  
All Types of Cancer*

**4th Monday of the Month  
6:30-8:30 pm**



## *Haven of Hope*

Contact us

Phone: 309.342.7797

Cell: 919.827.2858

Email: [a.havenofhope@yahoo.com](mailto:a.havenofhope@yahoo.com)

# Haven of Hope

Haven of Hope is a cancer retreat for people with all types of cancer.

**For:** people who experience some form of treatments (chemotherapy, radiation or surgery) before, during, or after; as well as those with recurrent cancers.

**What:** a confidential meeting where people can dialog openly with others who are having similar experiences and can truly understand.

**Why:** there is no other support group in this area—of this kind—strictly supporting only those with cancer.

**Who should attend:** anyone who has ever had cancer.

Guest Speakers



Empowering Workshops



Discussions of Your Journey

People Who Understand

Informal Networking



## Invitation Only:

occasionally we will expand our group to include caregivers, families and friends, social workers, doctors, nurses, and nursing students to learn more from those living with cancer.

We may visit other support groups in the surrounding area to learn from them.



## 4th Monday of the Month

Requirements:  
**A Confirmed Reservation**  
(Limited Seating)

Please note, no phone calls to the InterCommunity Cancer Center; call to let us know you'll be coming at 309.342.7797 or 919.827.2858  
or  
Email: [a.havenofhope@yahoo.com](mailto:a.havenofhope@yahoo.com)